

Iyengar yoga Convention in Osaka

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sat Tue



Experience Iyengar Yoga for four days!

We are honored to host **Prachi Gondi**, a teacher from the **Ramamani Iyengar Yoga Institute** in India, for a special event.

Rather than following a fixed theme, Prachi will lead the sessions in an organic, responsive way—tuning into what participants need and exploring the most effective approaches for their practice.

The program includes a variety of classes, from challenging asana sessions to beginner-friendly classes, which are open even to those with no prior yoga experience. This is a rare opportunity to experience authentic Iyengar Yoga, so join us!

Schedule · Eligibility

11/22~23 ALL LEVEL, Beyond **6 months** Iyengar Yoga

11/24~25 INTERMEDIATE, Beyond **2 years** Iyengar Yoga

11/22 · 23

13:30-14:45 **BEGINNERS CLASS**

Participation fee

No experience needed, beginners welcome!

	Member	Non-member
2 days for 22,23 Nov.	¥30,000	¥32,000
3 days for 22-24 Nov.	¥45,000	¥48,000
4 days for 22-25 Nov.	¥60,000	¥64,000

Time schedule

11/22 Start 10:30

11/25 Finish 16:00

Beginner Class

1DAY ¥3,000 2DAYS ¥5,000

Location

Osaka Prefectural Gymnasium Edion
Arena Osaka